

Quotes from OWL Advocates:

To be involved with these young people in one of the most important stages of their lives is an honor that is not taken lightly.

OWL teacher and parent

When I first went to OWL class, I didn't know what to expect. Now I know it has changed my life. Everything I learned will help me.

Middle school student

Our Whole Lives is a jewel in the crown of the United Church of Christ...it is scripturally-based, it is person-centered, it is positive, it is realistic...it is needed!

Matthew H. Nevels, 7-9 teacher
Chattanooga, Tennessee

To offer sexuality education in a congregation is to acknowledge that human sexuality is simply too important, too beautiful, and too potentially dangerous to be ignored in a religious community.

Rev Lena Breen
Boston, Massachusetts

If I had this information two years ago, I may not have made some of the choices I've already made.

A fifteen-year old student

I believe this is the most significant life-enhancing opportunity our religious communities could offer youth.

Rev. Judith Gooch
New Hampshire

What a gift! Most faith communities shy away from conversations about sexuality, but ours has embraced it and made it a central part of the transition our children make into adulthood.

Parent

Don't ever stop offering OWL at church. I took it when I was in high school and I think it saved my life. Every kid should see themselves the way OWL sees them.

College student

Workshop Titles

UNIT 1 Introduction

- 1 What is Sexuality?
- 2 Examining Values
- 3 The Language of Sexuality

UNIT 2 You, as a Sexual Being

- 4 Anatomy and Physiology
- 5 Personal Concerns About Puberty
- 6 Body Image
- 7 Gender Identity
- 8 Gender Expression, Roles & Stereotypes
- 9 Sexual Orientation
- 10 Guest Panel
- 11 Sexuality and Disability

UNIT 3 Relationships

- 12 Healthy Relationships
- 13 Relationship Skills

UNIT 4 Contemporary Issues

- 14 Sexuality, Social Media and the Internet
- 15 Bullying & Bystander Responsibilities

UNIT 5 Responsible Sexual Behavior

- 16 Redefining Abstinence
- 17 Lovemaking
- 18 Consent Education

UNIT 6 STIs, Pregnancy & Parenting Decisions

- 19 Sexually Transmitted Infections
- 20 Pregnancy, Parenting, & Teen Parenting
- 21 Unintended Pregnancy Options
- 22 Contraception and Safer Sex

UNIT 7 Communicating about Sexuality

- 23 Sexual Decision Making
- 24 Communicating with a Sexual Partner
- 25 Self Care, Celebration, & Closure

Proposed OWL Dates